

# Overnight discharges from the mental health and addiction service organisation's inpatient unit(s) for a community service contact recorded in seven days following that discharge

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## Outcome

Improved management of demand for acute care

## Measure

Overnight discharges from the mental health and addiction service organisation's inpatient unit(s) for which a community service contact was recorded in the seven days immediately following that discharge

## Type

Contributory measure

## Relationship(s) to other frameworks

This measure is included in the Key Performance Indicator Framework for New Zealand Mental Health and Addiction Services Refer here for full

definitions:<http://www.mhakpi.health.nz/Portals/0/Documents/Indicators%20Definitions/Adult-Indicators-Definitions-%2020150529.pdf?ver=2015-06-23-112159-533>

## Rationale

A responsive community support system for persons who have experienced an acute psychiatric episode requiring hospitalization is essential to maintain clinical and functional stability and to minimize the need for hospital readmission. Service users leaving hospital after a psychiatric admission with a formal discharge plan involving linkages with community services and supports, are less likely to need early readmission. Research indicates that service users have increased vulnerability immediately following discharge, including higher risk for suicide.

## Eligible population

Adult inpatient discharges in the period being reported

## Measure status

Active

## Numerator

Number of in-scope discharges in the denominator with service user participation contact recorded only by the discharging District Health Board (DHB) in the seven days post discharges

## Denominator

Number of overnight acute inpatient discharges in the period being reported

## National target

## Local target

Milestones to be decided by Alliance

## Data Sources

PRIMHD (Programme for the Integration of Mental Health Data) national collection

## Data extracted from data sources

Available through DHB

## Data availability

Available through DHB and the Ministry of Health's Key Performance Indicator team.

## Measure calculation process

Service user participation in contact is required. Contact must occur in the seven days post discharge but not on the day of discharge. Participation can be defined using the PRIMHD code set as being activity setting code that is not:

- WR (Written correspondence)
- SM (SMS text messaging)
- OM (Online media)

And activity type code that is not one of:

- T08 (Mental health care co-ordination contacts)
- T32 (Mental health contact with family/whānau)
- T35 Did not attend
- T37 On leave

In-scope overnight discharges exclude same day discharges or discharges where a service user is transferred to another inpatient unit.

