

# Unmet Need Reported By Youth

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## Outcome

Youth are healthy, safe and supported.

## Measure

Rate of youth reporting unmet need

## Type

Contributory measure

## Relationship(s) to other frameworks

This measure assimilates to two indicators included in the Outcomes for the Prime Minister's Youth Mental Health Project that has been developed by Superu - specifically:

- Rate of youth reporting unmet need for after hours health care services due to cost
- Rate of youth reporting unmet need for primary care services due to cost

Information on the Prime Minister's Youth Mental Health Project can be found at: <http://www.superu.govt.nz/ymh> .

There is also a measure related to the Prime Minister's Youth Mental Health Project that is part of the DHB non-financial monitoring framework and performance measures (Measure reference: PP25) which is available at: <https://nsfl.health.govt.nz/accountability/performance-and-monitoring/performance-measures/final-draft-performance-measures>

Delivery of this measure also supports the overarching outcomes for the health and disability system of 'New Zealanders living longer, healthier and more independent lives', and 'The health system is cost effective and supports a productive economy' and the overarching goal that 'All New Zealanders live well, stay well, get well'.

## Rationale

Equity of access to health care for all people is an important objective. One method of gauging to what extent this objective is being achieved is through assessing reports of unmet needs for health care.

Evidence suggests that youths whose healthcare needs are unmet can lead to increased risk for poor health as adults. Research materials report that lapses in healthcare can lead to overall poor life outcomes through:

- Disengagement and isolation from society and riskier behaviours in terms of drug and alcohol abuse and criminal activities
- Reductions in essential expenditure on items such as food, housing (and healthcare)
- Increased uncertainty about the future.

Early interventions which target younger populations may potentially be an effective strategy for improving adult health and reducing future healthcare costs.

## Eligible population

Youth aged 15 to 24 years

## Measure status

In development

## Measure definition

### Numerator

Number of youth who are domiciled in the DHB region who have had a consultation in the last 12 months who have completed a patient satisfaction survey\* and indicated that their healthcare needs were unmet

### Denominator

Number of youth who are domiciled in the DHB region who have had a consultation in the last 12 months who have been invited to participate in a patient satisfaction survey\*

*\*Survey includes: - Patient experience survey - Needs will be considered unmet if the question 'Overall, was your experience with your GP or nurse clinic' is rated a score of 5 or below.*

## National target

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## Local target

Milestones to be decided by Alliance

## Data Sources

- Patient satisfaction survey results
- Child and adolescent mental health service (CAMHS) data
- PHO enrolment registers
- PHO service utilisation reports
- NZ health survey

## Data extracted from data sources

This measure and the data required to monitor it will be dependent on multiple agencies working together and sharing information.

## Data availability

Data will be released by the Ministry of Health on a quarterly basis.

## Measure calculation process

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## Relationship(s) to other measures

This measure supports the five SLM's that have been developed for youth health.

## Measure development notes

**Measure testing/piloting:** This measure has been assigned a status of *In Development* for a period of 12 months during which time, the sector will 'test/use' the measure as it is currently defined and provide feedback to the SLM Team. Modifications to the measure definition may be made, prior to its status being updated to *Active* from 1 July 2018.

**Implementation timeline:** Measure is scheduled to move from a status of 'in development' to 'active' on 1 July 2018.

**Reporting frequency:** The Ministry will be responsible for gathering data and releasing information to Alliances on a quarterly basis.

**Measure implementation group:** Service Analysis and Modelling team, Ministry of Health