

# ED Presentations Resulting from Deliberate Self Harm

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## Outcome

Youth are healthy, safe and supported

## Measure

Proportion of young people presenting to an emergency department having deliberately self harmed in the past 12 months

## Type

Contributory measure

## Relationship(s) to other frameworks

This measure is included in the Youth Mental Health Project Outcomes Framework.

Details for this measure can be located via Superu's social sector outcome indicators catalogue for NZ government's priority programmes which is located at: [http://www.superu.govt.nz/outcomes\\_catalogue](http://www.superu.govt.nz/outcomes_catalogue)

Data is sourced annually via the New Zealand Health Survey.

This measure also assimilates to another indicator included in the Youth Mental Health Project Outcomes Framework – specifically:

- Number of youth suicides per annum

And the Family and Whānau with children aged 0 – 5 years Framework - specifically:

- Families and whānau are not affected by suicide or self harm.

## Rationale

Many factors influence a person's decision to attempt suicide. Suicide prevention initiatives generally aim to promote protective factors and reduce risk factors for suicide, and improve the services available for people in distress.

A range of protective factors can enhance a person's wellbeing and resilience, and reduce their risk of suicide. These include: access to community and health resources, social connectedness, and the capacity to cope with life's difficulties.

The costs of suicide to society are high. The direct economic costs of suicide are not insignificant, but they are small in comparison to the intangible costs (i.e. the grief and bereavement of family and friends, and the lost potential of lives cut short).

This measure enables benchmarking – so that individuals, organisations, districts and regions can monitor and assess the impacts that their suicide prevention initiatives/actions are having on reducing youth suicides.

## Eligible population

Youth aged 10 to 24 years

## Measure status

In development

## Measure definition

### Numerator

Number of youth that presented to an emergency department in the past 12 months due to deliberate self harm

### Denominator

Number of youth that presented to an emergency department in the past 12 months

## National target

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## Local target

Milestones to be decided by Alliance

## Data Sources

- NZ health survey

## Data extracted from data sources

This measure and the data required to monitor it will be dependent on multiple agencies working together and sharing information.

## Data availability

Data will be released by the Ministry of Health

## Measure calculation process

## Relationship(s) to other measures

This measure is one of a number of risky behaviour indicators which form part of the Minister's Youth Mental Health Project. Examples include:

- Proportion of young people, aged 15-24 years that participate in hazardous drinking (i.e. scored 8 or more on the Alcohol Use Disorders Identification Test (AUDIT))
- Proportion of young people, aged 15—24 years who currently smoke cigarettes.

## Measure development notes

Data is captured at individual, regional and national levels by ethnicity and gender.

**Measure testing/piloting:** This measure has been assigned a status of In Development for a period of 12 months during which time, the sector will 'test/use' the measure as it is currently defined and provide feedback to the SLM Team. Modifications to the measure definition may be made, prior to its status being updated to Active from 1 July 2018.

**Implementation timeline:** Measure is scheduled to move from a status of 'in development' to 'active' on 1 July 2018.

**Reporting frequency:** The Ministry will be responsible for gathering data and releasing information to Alliances.

**Measure implementation group:** TBC