

Youth Accessing Timely Specialist Services

Outcome

Youth are healthy, safe and supported.

Measure

Improving the health status of youth with severe mental illness through improved access

Type

Contributory measure

Relationship(s) to other frameworks

This measure assimilates to a measure included in the DHB non-financial monitoring framework and performance measures (Measure reference: PP6) which is available at: <https://nsfl.health.govt.nz/accountability/performance-and-monitoring/performance-measures/final-draft-performance-measures>

Delivery of this measure supports the overarching outcomes for the health and disability system of 'New Zealanders living longer, healthier and more independent lives', and 'The health system is cost effective and supports a productive economy' and the overarching goal that 'All New Zealanders live well, stay well, get well'.

Rationale

Improving the health status of people (and in particular youth) with severe mental illness through better access to a broad range of services, DHBs will contribute to the Ministerial priority of improving value for money by ensuring their mental health services are cost effective, results focused and acknowledge the service impacts on people who are severely affected by mental illness.

It is anticipated that the introduction of this measure will further encourage DHBs to identify ways in which they can provide youth with better health and disability services (potentially by ensuring that the range of services they provide closes existing service gaps, and are easy to access).

This measure gauges coverage and availability of mental health services for youth and will provide information that allows Alliances and the Ministry, to evaluate how health promotion and mental health services are being utilized by youths.

Alliances will be able to identify and target the populations in their district where utilisation is low.

Eligible population

Youth aged 15 to 24 years that have been diagnosed with a severe mental illness

Measure status

In development

Measure definition

Numerator

Number of youth within the eligible population who are domiciled in the DHB region and who regularly* present to a mental health service

**Regularly = 'every three months'*

Denominator

Projected population of the DHB region by age and ethnicity

National target

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Local target

Milestones to be decided by Alliance

Data Sources

- NZ populations projections data
- PHO enrolment registers

Data extracted from data sources

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Data availability

Data will be released by the Ministry of Health on a six monthly basis.

Measure calculation process

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Relationship(s) to other measures

Measure development notes

Measure testing/piloting: Not required at this time – it is an existing measure

Implementation timeline: Measure is scheduled to move from a status of 'in development' to 'active' on 1 July 2018.

Reporting frequency: Data will be collated and provided to Alliances on a six monthly basis.

Measure implementation group: Service Analysis and Modelling team, Ministry of Health