

In scope mental health and addiction services inpatient unit(s) discharges that had a length of stay over 35 days

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Outcome

Improved management of demand for acute care

Measure

In-scope mental health and addiction services inpatient unit(s) discharges that had a length of stay over 35 days

Type

Contributory measure

Relationship(s) to other frameworks

This measure is included in the Key Performance Indicator Framework for New Zealand Mental Health and Addiction Services Refer here for full definitions:<http://www.mhakpi.health.nz/Portals/0/Documents/Indicators%20Definitions/Adult-Indicators-Definitions-%2020150529.pdf?ver=2015-06-23-112159-533>

Rationale

To monitor the continuity of care via the extent to which District Health Board (DHB) community mental health services are involved with the service users prior to admission to an inpatient unit to :

- Support and alleviate distress during a period of great turmoil
- Relieve carer burden
- Avert hospital admission where possible
- Ensure that admission is the most appropriate patient option
- Commence treatment of the patient as soon as possible where admission may not be averted.

The majority of service users admitted to DHB mental health inpatient units are known to community mental health services and it is reasonable to expect that community teams should be involved in pre-admission care.

Eligible population

Adults receiving mental health services who have spent more than 35 days in an inpatient unit

Measure status

Active

Numerator

Number of in-scope overnight (bednights > 1) discharges from the mental health and addiction services inpatient unit(s) occurring in the period being reported with a LOS > 35 days

Denominator

Number of in-scope overnight (bednights > 1) discharges from the mental health and addiction services inpatient unit(s) occurring during the period being reported

National target

Local target

Milestones to be decided by Alliance

Data Sources

PRIMHD (Programme for the Integration of Mental Health Data) national collection

Data extracted from data sources

Available through DHB

Data availability

Available through DHB and the Ministry of Health's Key Performance Indicator team.

Measure calculation process

Overnight discharges are discharges in which the service user spent at least one night in the mental health and addictions services' inpatient unit(s) In-scope overnight discharges exclude same day discharges or discharges where a service user is transferred to another inpatient unit.